



David Ward-Hunt Cup International Open

3rd & 4th November 2012

**Medway Park, Mill Road, Gillingham,
Kent, England**

For information contact:

Telephone: +44 01634 855507

Fax: +44 01634 582351

Email: liz@trampoline.co.uk

Web site: www.trampoline.co.uk

Or write to:

Jumpers Rebound Centre. Mill Road, Gillingham, Kent, ME7 1HN



COMPETITION INFORMATION AND RULES

**1. CATEGORIES
(Male and
female
competitions
for each
category)**

Individual Trampoline

Seniors: Minimum 17 years old

Under 21: Minimum 17, maximum 21 years old

Juniors: Minimum 15, maximum 17 years old

Youth: Under 15

Gymnasts have the right to participate if they reach the determined age during the year of the competition. It is only possible to participate in one category in the individual trampoline event: Senior, Junior, U21 or Youth.

Synchronised Trampoline

Seniors: Minimum 17 years old

Juniors: Minimum 15, maximum 17 years old

Youth: Under 15

Gymnasts have the right to participate if they reach the determined age during the year of the competition. It is only possible to participate in one category in the Synchronised trampoline event: Senior, Junior or Youth.

Double Mini Trampoline

Seniors: Minimum 17 years old

Juniors: Minimum 15, maximum 17 years old

Youth: Under 15

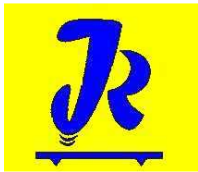
Gymnasts have the right to participate if they reach the determined age during the year of the competition. It is only possible to participate in one category in the double mini trampoline event: Senior, Junior or Youth.



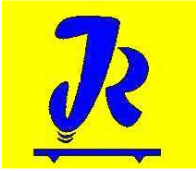
	<p>Tumbling</p> <p>9/10yrs 11/12yrs 13/14yrs 15/16yrs 17/18yrs Senior (17+yrs of age in the year of competition)</p> <p>Age Groups have been introduced to encourage more entries but will be amalgamated if low entries are received</p>
<p>2. ELIGIBILITY</p>	<p>All participants and clubs must be members of a federation affiliated to the FIG. Participants may compete in all events. (Age group for synchronised trampoline dependent on the oldest participant of pair).</p>



3. ROUTINES	<p>INDIVIDUAL TRAMPOLINE / SYNCHRONISED for Juniors/Youth</p> <p>Compulsory: Ten different elements with at least nine somersaults of at least 270° somersault rotation to include:</p> <ol style="list-style-type: none"> 1. At least one somersault of least 270° somersault rotation landing on front or back, followed by a move of at least 450° somersault rotation. 2. And one of the following: <ul style="list-style-type: none"> ○ a back somersault with 360° somersault rotation and a full twist or ○ a front somersault with 360° somersault rotation and 1½ twists or ○ a double somersault. <p>Voluntary: The voluntary routine is NOT subject to a difficulty limit.</p>	<p>INDIVIDUAL TRAMPOLINE for Seniors and Under 21s:-</p> <p>World A set</p> <p>SYNCHRONISED TRAMPOLINE for Seniors</p> <p>World A set</p>
	<p>Tumbling – all groups 8 skills in each pass (Two free passes – They do not have to be Straight + Twisting). Tumblers can repeat round offs – flics – whips as many times as they like. All other elements must be different ‘in and between’ runs to receive tariff value. FIG rules apply, somersaults will receive tariff and can be repeated if they are preceded by a different element. e.g. ro – <u>flic</u> - 1/1 whip – flic – <u>whip</u> – 1/1 whip – flic – tuck back OR round off, whip, whip, whip, whip, whip, flick, double tuck and round off, whip, whip, whip, whip, whip, whip, double tuck</p>	<p>Double Mini Trampoline Junior/Youth There are no minimum or maximum difficulty requirements, but the gymnasts are required to perform at least a single somersault for each skill in each pass</p> <p>Senior There is no minimum difficulty but it is expected that the gymnast competes at least one double in each pass</p>



3. JUDGES	<p>Each nation/club must bring judges as follows:</p> <ul style="list-style-type: none"> ○ 2-10 competitors = 1 judge ○ 11-20 competitors = 2 judges ○ 21 + competitors = 3 judges. <p>National level judges allowed for junior categories. Where possible with senior competitors at least one International Judge with valid brevet is required. Judge(s) to be named on your entry form with discipline</p>	
4. COMPETITION EQUIPMENT	Individual & Synchronised Trampoline Eurotramp 4x4mm	Tumbling PSF sprung tumble-run
5. ENTRY DATES & FEES	<p>Maximum 500 entries.</p> <p>Competition entry will be on a first applying basis. Entry fee £20 per discipline (trampoline, DMT, tumbling) and £30 per pair Synchronised</p> <p>Declaration of interest: 1st September 2012</p> <p>Deadline for final entry and payments 7th September 2012</p> <p>Spectators entry will be £6 per day or £8 for a weekend pass</p>	
6. TROPHIES	<p>All competitors will receive a participation certificate. Trophies will be awarded to the top 3 competitors in each event.</p>	
7. TRAVEL & ACCOMMODATION	<p>All travel/accommodation will be competitors own responsibility.</p> <p>If you want some assistance or information on travel or accommodation issues, please contact Liz Laws who may be able to help you make arrangements. The nearest airports, in order, are London Gatwick / Heathrow / Stansted / London City. Nearest train station is Gillingham, Kent.</p>	
8. PROVISIONAL PROGRAMME	<p>Friday 2nd November:–</p> <ul style="list-style-type: none"> ○ Training is not available at the competition venue. However if you are travelling and wish to train on that Friday it can be arranged at Jumpers Rebound Centre 9am – 5pm but YOU MUST BOOK THIS by previous arrangement only. Please advise if you are planning to use this time on your entry form. 	



	<p>Saturday 3rd November:-</p> <ul style="list-style-type: none">○ All preliminary rounds for Double Mini Trampoline, Individual Trampoline & Tumbling. <p>Sunday 4th November 9am:-</p> <ul style="list-style-type: none">○ Synchronised event then finals for Saturday's events. <p>Note: Adjustments to the competition programme may be necessary – interested parties will be informed of any changes made.</p>
9. BANQUET	<p>A buffet meal and social disco has been arranged for the Saturday night at the King Charles Hotel (5 minutes walk from the Sports Centre).</p> <p>The cost of this will be £10 per person, please book and pay with the final competitor entry on the 1st September.</p>
10. QUESTIONS & FURTHER INFORMATION	<p>Liz or Martin Laws 01634 855507 or liz@trampoline.co.uk Jumpers Rebound Centre Mill Road Gillingham Kent ME7 1HN England</p> <p>It is planned to have T-shirts on sale at the venue – further information on this will follow.</p>

The Jumpers Rebound Centre is adjacent to Medway Park sports centre.



Declaration of Interest - David Ward Hunt

Due 1st September 2012

Country: _____
 Team Name: _____
 Contact Name: _____
 Address: _____

 Postal Code: _____
 Telephone/Fax: _____
 E-mail address: _____

DELEGATION	Trampoline	DMT	Synchronised
Head of Delegation			
Judges			
Coaches			
Other officials			
Competitors - Youth Girls			
Competitors - Youth Boys			
Competitors - Junior Girls			
Competitors - Junior Boys			
Competitors – Under 21 Boys			
Competitors – Under 21 Girls			
Competitors - Senior Ladies			
Competitors - Senior Men			

DELEGATION	Tumbling
Head of Delegation	
Judges	
Coaches	
Other officials	
Competitors - 11/12 Girls	
Competitors - 11/12 Boys	
Competitors – 13/14 Girls	
Competitors – 13/14 Boys	
Competitors – 15/16 Girls	
Competitors – 15/16 Boys	
Competitors – 17/18 Boys	
Competitors – 17/18 Girls	
Competitors – Senior Ladies	
Competitors – Senior Men	

Send this form to:
 Liz Laws
 Jumpers Rebound Centre, Mill Road, Gillingham, Kent, England, ME7 1HN



Email: liz@trampoline.co.uk

Final Entry - David Ward Hunt

Due no later than 7th September 2012

Country:	_____
Team Name:	_____
Contact Name:	_____
Address:	_____ _____
Postal Code:	_____
Telephone/Fax:	_____
E-mail address:	_____

Names of Coaches: _____

Airport Arrival and Departure times if applicable

	Airport	Date	Time	Flight number
Arrival				
Departure				

OFFICIALS		
Name	Qualification	Discipline
1		
2		
3		
4		
5		

Total number of individual entries = _____ @ £20 = £ _____
Total number of synchronised entries = _____ @ £30 = £ _____
Saturday entertainment = _____ @ £10 = £ _____
Total _____ **£**

Full payment must be submitted with this entry form, otherwise the entries may be rejected.

Please make cheques payable to GJTC Ltd or bank transfer to:

National Westminster Bank, Maidstone Branch, Kent ME14 1XU

Account Name: Gillingham Jumpers Trampoline Club Ltd.

Sort Code: 60 60 08 Account No. 82255091

IBAN GB44 NWBK 60600882 2550 91

Please add team name to bank transfer information.



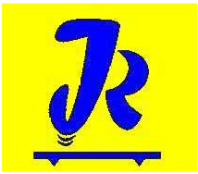
FINAL ENTRY FORM
David Ward-Hunt International Open

Individual Trampoline

Name	Date of birth	M/F	Group
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Synchronised Trampoline

Name	Date of birth	M/F	Group
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			



Double-Mini Trampoline

	Name	Date of birth	M/F	Group
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Tumbling

	Name	Date of birth	M/F	Group
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				